

• *Read the chapter three-times and find the toughest words.*



Grandma, why does this puzzle have so many parts?




These are all the parts of Red Riding Hood's body. Let's put them together to see what she looks like.

Our body is made of a number of parts. They work together to help us to do our daily chores.

Fun Time

Label the different parts of Red Riding Hood's body.



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How Our Body Parts Help Us

Each part of our body helps us in different ways.

- ◆ Legs help us to walk, kick, climb, run, hop, jog, dance and skip.



- ◆ Hands help us to eat, hold, write and lift things. We use our arms, shoulders and hands together to push, pull and throw things.



Saina wants to know...

Write three things you do using your arms and legs both.

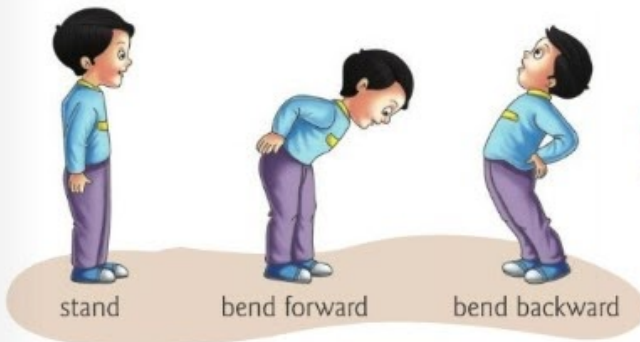
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- ◆ We use our shoulders and back to carry things.



- ◆ Our back helps us to stand straight and to bend forward and backward.



Grandma asks...

What is the correct way to sit and stand?

- ◆ Our knees help us to bend down, squat and kneel.



Grandma says...

Yoga helps to keep our body parts strong and flexible.

- ◆ Our neck helps us to turn our head from side to side.
- ◆ Eyes, nose, ears, skin and tongue are our **sense organs**.



Saina wants to know...

What is an organ? Discuss in class.

Learn Tense

Tongue
Ears
Nose
Skin
Eyes

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